

# DEIB NewsLetter



November 2023

## National Native American Heritage Month (NNAHM)



November is designated as National Native American Heritage Month (NNAHM) at a federal level. During this time, we come together to honor and celebrate the diverse cultures, traditions, history, and societal contributions of American Indian and Alaska Native (AI/AN) communities. NNAHM provides a valuable opportunity to enhance our understanding of Native Americans, deepen our knowledge of the unique challenges they face, and gain insights into the profound impact of historical trauma, including colonization and genocide, on indigenous peoples. Let us embrace this occasion to educate ourselves, foster empathy, and stand in solidarity with Native communities.

### Resources:

- [10 Ways to Celebrate Native American Heritage Month](#)
- [PBS Commemorates Native American Heritage Month with Unmatched Slate of Programming](#)
- [5 Ways to Celebrate Native American Heritage Month at Work](#)
- [7+ Ways to Commemorate Native American Heritage Day 2023](#)
- [What to Know About 'Killers of the Flower Moon': A Guide to the Osage Murders](#)

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**November National Gratitude Month, a perfect opportunity to express appreciation. It's incredible how something as simple as gratitude can lend new purpose to life. Studies reveal that daily practice of gratitude not only increases happiness but also enhances overall well-being.**

## Resources:

- [National Gratitude Month: 20 Ways To Celebrate It At Work](#)
- [37 Employee Appreciation Ideas Your Staff Will Love](#)
- [18 Creative Ways to Show Employee Appreciation](#)
- [November is National Gratitude Month: What are you grateful for?](#)
- [How Gratitude Changes You and Your Brain](#)

*Gratitude*  
turns what we have  
into enough



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## Join Our 2024 Board!

WilcoHR is looking for individuals interested in making a difference by serving on the 2024 WilcoHR Board!

### Open Board Positions:

2024 President-Elect  
Treasurer  
Secretary  
Co-VP Membership  
Co-VP Communications  
VP Workforce Readiness  
VP College Relations  
Co-VP Programs

### Open Committee Chairs:

DEI Committee Chair  
Community Outreach Chair

### How To Apply:

For more information about the different positions and / or how to become a part of this dynamic program, please contact the following individuals:

Kevin Cartwright - 2023 President-Elect  
[k.cartwright@intelligentcomp.net](mailto:k.cartwright@intelligentcomp.net)

Carla Dykstra - 2023 President  
[cndykstra@gmail.com](mailto:cndykstra@gmail.com)

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**WilcoHR**  
PEOPLE FOCUSED  
PURPOSE DRIVEN

November 2023



CREATING SPACES WHERE  
**EVERYONE BELONGS**

## November Chapter Meetings & Events

Event: Wednesday, November 8, 2023 | 11:30 am - 1:00 pm

Gulf Coast Advisory Board Meeting, Topic: "Disability Awareness in the Workplace"

[RSVP HERE](#)

Event: Tuesday, November 14, 2023 | 12:00 pm - 1:00 pm | Virtual via Zoom

Central Texas Advisory Board Chapter Meeting, Topic: "Cultivating a Sense of Belonging in the Workplace "

[RSVP HERE](#)

Event: Wednesday, November 15, 2023 | 12:00 pm - 1:00 pm | Virtual via Zoom

Greater San Antonio Advisory Board Chapter Meeting, Topic: "Ageism Challenges Faced in the Workplace"

[RSVP HERE](#)

Event: Thursday, November 16, 2023 | 12:00 pm - 1:00 pm | Virtual via ZoomNorth

Texas Advisory Board Chapter Meeting, Topic: "Leveraging Employee Resource Groups (ERGs/BRGs) for Inclusive Excellence"

[RSVP HERE](#)

Event: Tuesday, November 30, 2023 | 9:00 am - 12:00 pm | Texas Christian University,

Greater Fort Worth 15th Annual Women in Leadership Symposium

Theme: "Rising in Resilience: Achieving Empowerment Through Through Advancement and Adaptability"

[RSVP HERE](#)